

Professional Disclosure Statement and Supervision Guidelines

Joanna Scott, Ph.D.

My therapy orientation is integrative, with particular attention to relational psychodynamic, cognitive-behavioral, systems, and developmental frameworks. I also bring research experience in the broad topics of mindfulness and emotional regulation. I view supervision as a collaborative experience aimed at helping both client and clinician grow and reach personal goals. I believe the best supervision occurs when supervisees are willing to take risks and be vulnerable in voicing areas they are uncertain or struggling with; I therefore strive to provide a safe and supportive environment in which to process and receive support. Along with experience and empathy, humor is also an important part of how I connect to my supervisees and I believe invaluable to handling the stresses associated with our field of work!

TEACHING & SUPERVISION EXPERIENCE

University of Rochester – University Counseling Center **2013-14**

Rochester, NY

- Provided individual supervision to practicum students from the clinical psychology doctoral program of the University of Rochester.
- Responsible for designing and teaching the weekly "Survey in Clinical Issues" seminar for second year doctoral students in Clinical Psychology.

University of Notre Dame - University Counseling Center **2012-13**

Notre Dame, IN

- Provided individual supervision to practicum students from the clinical psychology doctoral program of the University of Notre Dame.

Saint Joseph's University Counseling and Psychological Services **2010-12**

Philadelphia, PA

- Supervised three practicum students from local counseling and clinical psychology doctoral programs in a group process format.

Bryn Mawr College - Department of Psychology **2007-2011**

Bryn Mawr, PA

- Abnormal Psychology, with Dr. Marc Schulz, *Spring 2011*
- Learning Theory & Behavior, with Dr. Paul Neuman, *Spring 2009*
- Developmental Psychology, with Dr. Lauren J. Myers, *Fall 2009; Fall 2008*
- Introduction to Psychology, *Spring 2008*
- Human Cognition, with Dr. Anjali Thapar, *Fall 2007*